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Monday, February 27, 2017 metro.us | t: MetroBOS | f: MetroBosto

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RECORD-SETTING STOCK RALLY FACES TEST

1 President Donald Trump's planned economic agenda has fanned the flames for Wall Street's record-setting run, but some investors worry that his first major address to Congress next week risks dousing it if his plans look slow to execute or are overly vague. The benchmark S&P 500 .SPX has surged 10 percent since Trump's Nov. 8 election, with optimism running high over the Republican

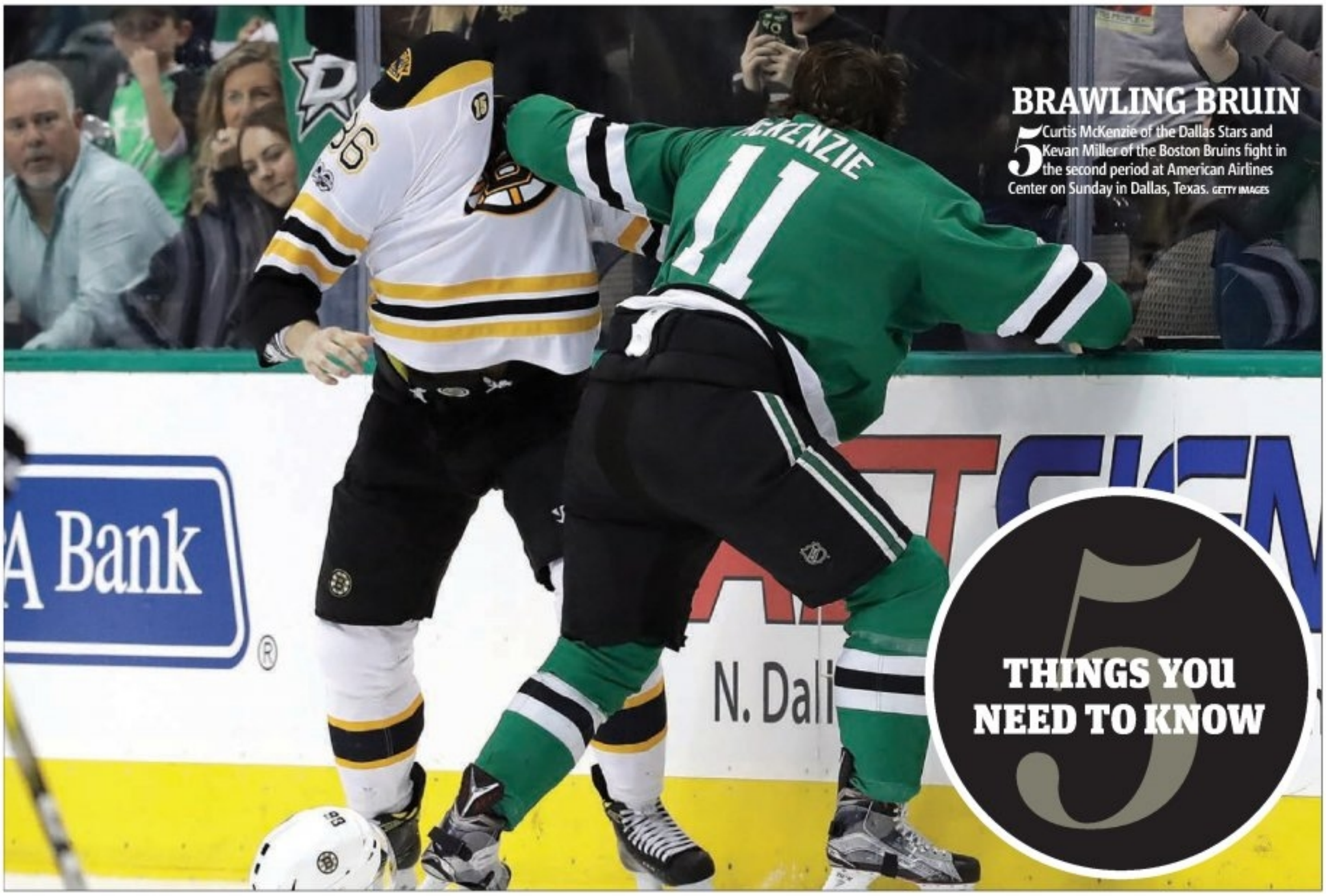
administration's domestic proposals, including plans to reform taxes paid by businesses. But there have been few specifics so far, and some investors believe Trump may need to provide more than just generalities when he gives his first major presidential address on Tuesday. REUTERS

IRAN NAVAL WAR GAMES AMID RISING US TENSION

2 Iran launched naval drills at the mouth of the Gulf and the Indian Ocean on Sunday, a naval commander said, as tensions with the U.S. escalated after President Donald Trump put Tehran "on notice". Since taking office last month, Trump has pledged to get tough with Iran, warning the Islamic Republic after its ballistic missile test on Jan. 29 that it was playing with fire and all U.S. options were on the table. Iran's annual exercises will be held in the Strait of Hormuz, the Gulf of Oman, the Bab el-Mandab and northern parts of the Indian Ocean, to train in the fight against terrorism and piracy, Rear Admiral Habibollah Sayyari said. Millions of barrels of oil are transported daily to Europe, the United States and Asia through the Bab el-Mandab and the Strait of Hormuz, waterways that run along the coasts of Yemen and Iran. REUTERS

NO CUTS TO US ENTITLEMENT PROGRAMS

3 President Donald Trump's first budget proposal will spare big social welfare programs such as Social Security and Medicare from any cuts, Treasury Secretary Steven Mnuchin said in an interview broadcast on Sunday. Mnuchin said Trump would also use a major policy speech to a joint session of Congress on Tuesday night to preview some elements of his sweeping plans to cut taxes for the middle class, simplify the tax system and make American companies more globally competitive with lower rates and changes to encourage U.S. manufacturing. Speaking on Fox News Channel's "Sunday Morning Futures" program, Mnuchin, who has acknowledged that tax reform is his top policy priority, said the budget plan would not seek cuts to federal benefits programs known as "entitlements." REUTERS



BRAWLING BRUIN

5 Curtis McKenzie of the Dallas Stars and Kevan Miller of the Boston Bruins fight in the second period at American Airlines Center on Sunday in Dallas, Texas. GETTY IMAGES

'BIG LOVE' AND 'TITANIC' ACTOR BILL PAXTON DIES

4 Bill Paxton, who rose to stardom with roles in Hollywood blockbusters such as "Aliens" and "Titanic," has died at age 61 after complications from surgery, his family said in a statement on Sunday. Paxton, who appeared in dozens of films over some four decades, had recently starred in the HBO television series "Big Love," about a polygamous Mormon family, and acted alongside Tom Cruise in the film, "Edge of Tomorrow." For his role in "Apollo 13," Paxton won a Screen Actors Guild Award for outstanding performance by a cast in a motion picture in 1996. He was nominated for three Golden Globe Award in the best actor category for his work in "Big Love" and the 1990s miniseries, "A Bright Shining Lie." REUTERS

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ALEXIS SACHDEV, WEB REPORTER

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Massachusetts DOT plans network of bike paths to keep pace with demand

Thousands of Massachusetts residents bike to work.

KRISTIN TOUSSAINT
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More than 71,000 people in Massachusetts commute to work by bicycle, an ever increasing number propelled by the addition of young adults who are moving into cities, according to statewide data.

Communities like Cambridge and Somerville have some of the highest rates of bicycle commuters in the country. Those trends have made bicycles an even more important mode of transportation and one that deserves significant attention, said Peter Sutton, who is the bicycle and pedestrian program coordinator for the Massachusetts Department of Transportation.

And with more cyclists comes a greater need to create bike lanes for road safety. Sutton said MassDOT is doing its part.

The agency completed several projects last year to improve cycling safety, and is working on an ambitious plan to connect the state's network of bicycle routes, including bike lanes on roadways, separated lanes and off-road bike paths. The goal is to link up the existing bike lanes — as well as create some new ones — so there are no gaps that could leave cyclists vulnerable to vehicles.

Transportation officials are also working on updating the agency's Statewide Bicycle Plan, which hasn't been revised since 2008.

The state has dedicated $60 million over the next four years for bicycle and pedestrian projects through its capital investment plan. That money includes federal funding.

A growing number of people in Massachusetts commute to work on a bicycle. NICOLAUS CZARNECKI / METRO

Some of the bicycle lane improvements the DOT made in 2016 included the first "bike boxes" at multiple intersections along McGrath Boulevard in Somerville. The green painted boxes are designated for cyclists, designed to let them get ahead of vehicles waiting at a red stop light.

"They're giving bicycles their own little safety zone," Sutton said. "There's a separation between cyclist and cars that's beneficial to both."

Ultimately, Sutton said he hopes the state's continuing improvements make it easier for people to take up cycling as at least one part of their daily commute.

> *"Our aim is to try and make the state as multi-mobile as possible."*
>
> Peter Sutton

"Our aim is to try and make the state as multi-mobile as possible," he said. "A lot of people don't feel like sitting in their car for an hour and a half, but if we can educate them on a multi-mobile trip, like riding their bike to a commuter rail station and then taking the train to work, then we've done our job."

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TRUMP'S AMERICA

THE FEAR FACTOR

OPINION

ELLIS HENICAN
@henican

A family from Turkey is taken into custody at the U.S./Canada border on Sunday. GETTY IMAGES

The tweeting president keeps trolling the "fake" news media. White House staffers keep leaking to the very same outlets the president derides as "phony," even as government lawyers confiscate the aides' personal iPhones. And almost all of it is rooted in exaggerated fear.

Fear of Muslim immigrants. Fear of worried Obamacare clients at congressional town halls. Fear of the jokes at the White House Correspondents Dinner. Fear of what some Hollywood statue-hugger might say about the president from the Oscar stage.

But you know who has something scary-real to fear in the days ahead, far more than the dark-warners in Washington? Millions of hard-working immigrants, legal or illegal, suddenly at dire peril across Donald Trump's America.

White House senior counselor Stephen Miller, age 31, is coming back with a barely tweaked seven-nation Muslim ban.

Harsh new deportation rules have put 11 million immigrants at immediate risk of expulsion. Now, any *abuela* who runs a red light can be grabbed and shipped off, regardless of how long she's been in the country or how spotlessly she has behaved.

Here in Trump's America, the Land of Opportunity is giving way to the Land of Rising Adversity. "America First" is sounding more and more like "White, Native-Born America First," the adjectives rarely spoken but heard by millions nonetheless.

The most disturbing human story of the past few days? It's the unprovoked hate-shooting of two Indian engineers at a bar in Olathe, Kansas. A rage-filled, slur-spewing local, a U.S. Navy veteran, has been charged with killing Srinivas Kuchibhotla and wounding Alok Madasani.

Madasani's father, Jagan Mohan Reddy, is now wracked with worry about his wounded son and a second son also living in America. Should he urge his boys to return to India at once for their own safety?

"We have to think it over," the fearful father said to a reporter from Hyderabad, India. "My sons are not new to America. They have been staying there for 10 to 12 years. This is a new situation, and they are the best judges."

No one but the shooter pulled the trigger. But it's not unreasonable to ask: Who put the gun in his hand?

Metro columnist Ellis Henican is a veteran journalist, a best-selling author and a frequent commentator on CNN and other TV networks. Follow him on Twitter @henican.

DO YOU AGREE?

Tell us what you think!

@MetroBOS

A homeless man GETTY IMAGES

Report: Number of homeless families getting emergency help doubles

Massachusetts experienced one of the largest increases in family homelessness in the nation since the 2008 fiscal year, according to a new report that found the number of Bay State families receiving emergency housing assistance has more than doubled.

The Boston Foundation report, released Thursday, said families and children make up the largest group of people who are homeless or on the brink of homelessness in Massachusetts, with children under age 18 accounting for 60 percent of the 13,000 people experiencing family homelessness on any given day.

In the 2016 fiscal year, 4,794 families entered the emergency assistance system, in addition to 3,560 whose enrollment continued from a previous year, according to data in the report.

The number of homeless families nationwide has been decreasing steadily since 2012 and fallen a total of 22 percent since 2007, while the number in both Boston and Massachusetts as a whole has risen 43 percent since 2007, the report said.

Families who entered a shelter in the 2008 fiscal year stayed an average of 247 days, while those entering in fiscal 2013 stayed 360 days, according to the analysis, which found that families with longer stays are more likely to have a head of household who is younger, black, Hispanic and female. Of the families who entered the "homeless assistance system" in 2008, 18 percent returned within three years, while 13 percent who entered in 2013 came back.

STATE HOUSE NEWS SERVICE

For more information about the report, visit metro.us.

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Meryl Streep shuts down Karl Lagerfeld

Do not come for Meryl Streep unless she calls for you.

That's the lesson that Karl Lagerfeld is learning. Here's a recap: The Chanel designer called the epic actress "cheap" for allegedly choosing a designer that would pay her to wear their brand at the Oscars. In response, Streep released a scathing statement to People, which basically vows vengeance against Lagerfeld, the publications that printed his statements and um, yeah, everyone else.

"In reference to Mr. Lagerfeld's 'statement,' there is no 'controversy,'" Streep said. "Karl Lagerfeld … defamed me, my stylist, and the illustrious designer whose dress I chose to wear, in an important industry publication. That publication printed this defamation, unchecked. Subsequently, the story was picked up globally, and continues … to overwhelm my appearance at the Oscars, on the occasion of my record breaking 20th nomination …

"I do not take this lightly, and Mr. Lagerfeld's generic 'statement' of regret for this 'controversy' was not an apology. He lied, they printed the lie, and I am still waiting," she said.

the word

RACHAEL CLEMMONS
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John Legend on being hacked

John Legend, musician and devoted husband of Chrissy Teigen, has never been a fan of President Trump. But over the weekend, his Twitter was hacked by an imposter with an aggressive agenda.

In a string of profane tweets, user @Owen755 took over Legend's feed, calling Trump a number of unprintable things. "I can't stop by and be silent, @realDonaldTrump," wrote the troll. "And if I see you, I'm stomping your s— you f—in' cheetoh."

Cosmopolitan reports the user has since been suspended.

The 38-year-old took it in stride.

"I'm back," he wrote. "My hacker was vulgar and kinda hilarious."

After assuring fans that he would never threaten the president, Legend wrote something so great, I considered listening to his music again. "I wouldn't call him a Cheeto because I enjoy Cheetos."

Demi Lovato got dragged on Twitter … again

Oh, Demi.

Pop star and former child actress Demi Lovato is under fire for a recent tweet and, well, it's a doozy.

The 24-year-old drew ire, criticism and a mass epidemic of eye rolls when she posted the results of a DNA and ancestry test on her Twitter. "I did a DNA test and found out I'm mainly Spanish, with Native American, SCANDINAVIAN (which I had NO idea), Irish British…" and, wait for it! "And I'm 1% African!!!!"

Twitter appropriately dragged her. And there were "Mean Girls" references abound.

Lovato, who clearly knows nothing, later said she didn't mean to offend anyone, and that when it comes down to it Twitter is just full of meanies. Poor thing.

I mean, I guess it's cool to be 1 percent African, but does that mean you're going to show up for the rights of black people in our country? I didn't think so. In the wise words of Gretchen Weiner, Demi — you can't sit with us.

ALL PHOTOS GETTY IMAGES

High glamour on the Oscars red carpet

Here's who won the night. TINA CHADHA

Isabelle Huppert in Armani Prive

Ruth Negga in Valentino

Emma Stone in Givenchy Haute Couture

Taraji P. Henson in Alberta Ferretti

Hailee Steinfeld in Ralph & Russo Couture

Dakota Johnson in Gucci

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Drew Barrymore: 'Sheila saved my life'

The actress and producer surprised the world with her TV debut in a show nobody expected to see.

LUCÍA HERNÁNDEZ MWN
letters@metro.us

Drew Barrymore chows down as a zombie. NETFLIX

Drew Barrymore stars in the "Santa Clarita Diet." NETFLIX

Drew Barrymore makes her TV debut with a series for Netflix called "Santa Clarita Diet" where she plays Sheila, a real estate agent that turns into a zombie overnight. How will this affect the lives of a suburban family in California? The 41-year-old actress chats with Metro about the series and shares her experience filming it.

"Santa Clarita Diet" is fun and at the same time disgusting. What was the intention of all of this?

I believe that the series has a certain optimism that if you surpass the blood or the vomit, you discover in the plot a sweetness, an optimism and a certain function of the family that is the base of the plot and that was what attracted me to the project. It gave me that emotional factor and so the blood, the gore is just part of the fun for me — more than just being something dark and disgusting. It's funny. Scary is seeing a neighbor spying on you out the window — that scares me. I have a friend who told me she did not know if she could endure so much gore, and I felt like Sheila and told her "Get over it, you coward."

What has been the most disgusting thing you've had to eat?

I worked very closely with the special-effects team. They always gave me different things. Every day on set I was wondering, what will they give me to eat today? There was everything from liquid cake, dehydrated apples or an edible garter that tasted sweet. One day there was soup from a large corporation that I will not name.

Was it fat-free? Because you were just saying how during shooting you were trying to lose weight...

Well, that's my job. Definitely the things I got on set had more calories than what I was eating with my diet, but I had to do it. And I really did, I loved it. The fact that I had to take showers before getting into the car every night at the end of the day cracked me up.

Did you get an idea of what it was going to be like from your first script reading? How did you find out that you were going to eat humans?

When I received the script, I was at a time when I did not want to work. So it was not that they were throwing scripts at me and I was turning them down, but I was more concentrated on creating and producing. But my agent and my partner spent months almost hitting me with this script, asking me to read it. It was not my plan to work — I wanted to stay home with my daughters. But when I read it, they convinced me because it was something different and fresh. It took me out of a very sad moment in my life that was happening: my divorce. Reading the script was fun, it gave me joy and made me laugh. It was touching at the same time. And I immediately agreed to participate in Santa Clarita. And now I must admit that I was very fortunate. Sheila made my life so much better. She woke me up. She's awesome. I like her.

So, you were the last to arrive to the show?

I was the last one, but I really wanted to work with these guys. I was lucky to be invited to this party.

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Is 'Ultimate Beastmaster' a ripoff of 'American Ninja Warrior'?

Who will win the title of "Ultimate Beastmaster" in Season 1? ROBERT VOETS/NETFLIX

Creator Dave Broome reveals the quirks that set it apart.

JENNIFER LOGUE
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At first glance, the new Netflix series "Ultimate Beastmaster" looks a lot like NBC's "American Ninja Warrior," but if you look deeper, it's breaking new ground in the reality-competition genre.

Created by Dave Broome ("The Biggest Loser") and executive produced by Broome and action-movie icon Sylvester Stallone, the show has a unique global element, with six different versions catering to each competing country: Brazil, South Korea, Mexico, Germany, Japan and the United States. Each will include a different set of hosts speaking the native language of each country.

Over the course of 10 episodes, 108 competitors will attempt to complete "The Beast," a 600-foot-long obstacle course dreamed up by Broome:

"I was thinking [of building something] like a transformer. That was the first image that got into my head — something that had that mechanical, monster-like look. I talked to my graphics team and I said, 'I want this thing to be like the size of two soccer fields,' and they're like, 'This guy is freakin' nuts. We're not going to pull it off.' So it started like that."

But in this brave new world, it's all about going big or going home and in the end, The Beast was built and now lives out in Santa Clarita, 20 minutes from Magic Mountain.

"Drew Barrymore ripped us off," Broome jokes, referring to the actress' new Netflix show, "The Santa Clarita Diet."

And how did Stallone get involved with "Ultimate Beastmaster?"

> *"Sylvester wanted to do it... the insurance wouldn't pay for that."*
>
> Broome

Broome explains that he came onboard early in the process, even contributing behind the scenes:

"We had a good relationship and he really loved the concept of the show. He helped with some of the design, some of the positioning of [The Beast]. He was like, "Let's make the shoulder blades higher than the neck. Put the head down so it looks like it's going to attack." He's got a really brilliant eye for that stuff."

But don't expect to see Stallone running through the course, Rocky-style:

"Sylvester wanted to do it, but I wouldn't let him. The insurance wouldn't pay for that," Broome admits.

In true Netflix fashion, the entire first season of "Ultimate Beastmaster" will be made available on its release date, but is this something to binge-watch or slowly savor?

"With the storyline, you don't have to worry about missing an episode. It's all there," Broome notes. "As a producer, I want people to watch it the way they want to watch it."

"Ultimate Beastmaster" will be available for streaming on Netflix today.

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How to deal with rejection

LAURIE DAVIS EDWARDS

Single and Swiping

Laurie Davis Edwards is the founder of eFlirt, an online dating concierge service, and the best-selling author of "Love @ First Click: The Ultimate Guide to Online Dating."

Rejection hurts, but it's an inevitable —and necessary — part of dating. ISTOCK

There's nothing worse than going on an amazing date … only to get ghosted. It can send you into a spiral. You may think, "Could I have misread her signals that much?" Or, "He said he wanted to go out again, so why isn't he asking me out?"

The feeling is similar even if the person does respond to you — and says "no." On one hand it gives you certainty — your date did reply even if it wasn't the outcome you were hoping for — but you're not sure why they aren't interested any more.

Whether the person ghosted or said no, you feel rejected.

In these scenarios, I notice that my clients have a tendency to turn inward and blame themselves. Maybe you ask yourself the same things they do, like:

"How come I'm not compelling enough for him?"

"What did I do wrong?"

"Is anyone ever going to want me?"

It can feel like something is wrong with you. But, what if the problem wasn't you at all?

When you're in the early stages of dating, you're still learning about each other — and that means you don't fully understand the intricacies of the other person's life. So what if instead of the problem being you, the problem was that there were other things blocking them from having the relationship they wish they could have? What if they weren't in a position to completely connect with anyone? There could be any number of things happening in their life that don't involve you.

Next time you have the urge to overanalyze the "why" and wonder what's wrong with you, look for the evidence that all is right. Focus on creating new connections. Because as much as rejection can sting, it's necessary on your path to meeting the right person. As my husband and fellow dating coach always says: The path to connection is through rejection. If no one is saying no, you may not be putting yourself out there enough to receive a yes from the right one.

Laurie Davis Edwards is the founder of eFlirt, an online dating concierge service.

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Get Insta-famous

By Chloe founder Sam Wasser is the brain behind the brand's popular Instagram account. MIKEY POZARIK

By Chloe founder Samantha Wasser shares the secrets of the brand's social media success.

RACHEL RACZKA
@rachelraczka
rachel.raczka@metro.us

Even before By Chloe touched down in Boston's waterfront, the buzz was already real. Oversize bowls of crunchy vegan delights, whole coconuts (branded with the restaurant's logo) and dairy-free mac and cheese made with smoky bits of shiitake "bacon" had long tempted local Instagram "likers" who were hours away from indulging in the New York fast casual spot.

But now, By Chloe starts its Boston domination, with a brand new location at 107 Seaport Boulevard, and Fenway location on the way. With them, they bring an arsenal of photographic "moments," as co-founder/Instagrammer-in-chief Samantha Wasser likes to say. The new location mirrors those in New York and Los Angeles. White swings sit by the front window, while bright-textiled banquettes line booths along the walls. The white Moroccan tables are clean and simplistic, and each features colorful pops from small green and purple potted plants — perfect quick-fix accents for an Instagram flatlay.

And, of course, it's all strategic. Wasser says the importance of Instagram was ingrained in the brand from its 2015 launch, and is executed within every facet of the space. "We even change the bathroom and hallway wallpapers in all of our locations, so we create little social media moments there," she adds. "We make sure every aspect lends itself nicely to photos."

The restaurant's account, @EatByChloe, lists upward 64,500 followers, but its hashtag, #ByChloe, boasts more than 17,000 posts of their food and restaurants from users. (With some outlying stragglers, namely ones named Chloe.) Wasser shares some of her Instagram knowledge, and explains why social-media newbies shouldn't be afraid to go off-brand.

Create a vibe, not an advertisement

Instead of just showcasing menu items, which is so on-the-nose, Wasser thought: "How do we create an original voice that's fun, instead of: Here's our quinoa taco salad, 10 different ways."

She decided to post mood boards featuring playful food and fashion vignettes. The 29-year-old collects the pop-art photos from Pinterest and lays them out in a grid. As a bonus, Wasser kicks back to the artists and photographers whose work she features, bringing their voices into the account with hopes her followers will share.

Response rate is everything

Instagram is a two-way road, says Wasser. While

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Nom. MIKEY POZARIK

Instagram @EATBYCHLOE

the likes and the tags are grand, it's up to a brand to engage back to create a meaningful relationship.

"We tried from the very beginning to be as approachable as possible," she explains.

Post a pic of your meal? By Chloe likes. Ask a question about chipotle aioli? By Chloe replies.

"Social media is all about real-time. If I answer your question three days later, that's not good enough with the way we [as a culture] are," she adds. "You want it instantaneous. I always tell people, 10 minutes is too long."

Engage with Instagram stories

Don't forget about Instagram's live and vanishing photo feature. Wasser says the option to share live and behind-the-scenes photos and videos have allowed her to show the By Chloe brand in a whole new light.

"The engagement is really incredible," she explains. "I try to use it as much as possible. It's important top show live time — I like showing the lines at lunch, or something that doesn't necessarily make sense as a photo, but shows people what actually goes on at the restaurant."

Yes, that's hot-pink beet "ketchup." MIKEY POZARIK

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2 Intro to Classical Music

Yale University

Novice listeners will explore the wonders of classical music, beginning with some of the basic elements of musical composition: rhythm, melody and texture. Students will learn how classical composers used these elements in some of their most famous works, beginning in the Baroque era, and how modern artists are using them today.

3 American Government

Harvard University

Drawing on political science and current cases — such as the Iraq invasion and health-care reform — this class will explain how the U.S. government system works. By the end of the course students will be understand the foundations of the political system, America's economic, social and foreign policies and how the presidency and Congress operate. They will also learn where public opinion, political parties, groups and the media fit in.

4 Deliberations for Social Change

Harvard University

Students will first learn the best practices for engaging in thoughtful deliberation, as well as a brief history of the jury system, and then serve as a member of a virtual jury for a mock criminal case. As a final segment, they will view a live social issue unfolding in real time — the Massachusetts referendum for the "Legalization, Regulation, and Taxation of Marijuana" — and deliberate with their online peers through Google Hangout.

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Princeton University

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7 Artificial Intelligence

Columbia University

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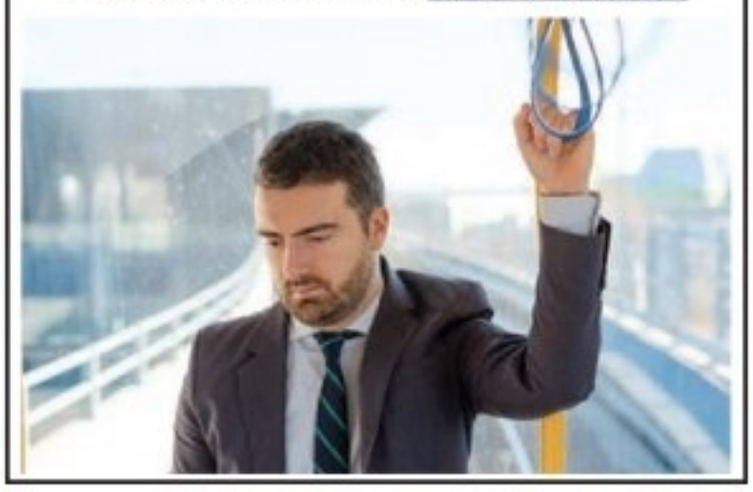

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Two AFC head coaches with Super Bowl rings top our list of best active NFL head coaches. GETTY IMAGES

NFL head coach power rankings | by Evan Macy and Matt Burke

No. 1

Bill Belichick

Evan Macy, Metro Philadelphia sports editor: Matt and I considered trolling everyone by putting Belichick second, but with five Super Bowl rings, he's not only the best active coach in the NFL, but probably one of the four or five best ever to coach the game.

Matt Burke, Metro Boston sports editor: One of the four or five best ever?! This is why Belichick is going to coach until he's 100 — to convince every last person on the planet that he is greater than Lombardi or Noll or Walsh. When Lombardi was winning titles there were 14 teams in the league and no free agency. Belichick now has five Super Bowl titles in a much more difficult era.

No. 2

Mike Tomlin

EM: There isn't a clear No. 2 this year, especially after how Dan Quinn's Falcons imploded with a 28-3 lead in the Super Bowl. Looking past that, Tomlin's Steelers overcame a bevy of injuries and setbacks last season to make a quiet run at an AFC Championship game.

No. 3

Dan Quinn

MB: Kyle Shanahan deservers half the blame for the Falcons not killing the clock down the stretch in Super Bowl 51, but the buck needs to stop with Quinn. As for the Falcons' defense, which couldn't stop a nosebleed in the third and fourth of that game ... what gives?

No. 4

Mike McCarthy

EM: McCarthy is sort of like Tomlin in that he finds a way to win. No running backs? No problem when you have Aaron Rodgers. There were too many pieces missing last year for the Packers to make it to the Super Bowl, but it was impressive they got as close as they did.

No. 5

Pete Carroll

MB: Carroll is getting sloppy in his old age. He refused to put Richard Sherman on the injury report all season despite the corner's MCL injury and now the team will likely be docked a second-round pick. This is now the third time that Pete forgot the rules and has gotten his team punished.

No. 6

Bill O'Brien

EM: I think O'Brien could have been higher. It's the power rankings after all not, an all-time ranking of coaches. He lost arguably the best defensive player in football in J.J. Watt and had some of the most terrible quarterback play in the NFL, yet still led his team to the second round of the playoffs.

No. 7

Andy Reid

MB: The big guy is turning into Jeff Fisher-lite in that he's still considered a good coach based on a reputation he built 15 years ago. He's gone an impressive 43-21 in the regular season during his time in K.C., but has just one playoff win (over the Texans and Brian Hoyer) in his four years there.

No. 8

Adam Gase

EM: The award for most improved coach goes to Gase, who pretty much took the Fins out of nowhere to a wild-card spot. As an NFC guy, I didn't see this one coming, but I can only assume things will be tougher for him next year with so much tape on him out there now.

No. 9

Jason Garrett

MB: The Cowboys had two weeks to prepare for Aaron Rodgers and couldn't deal, falling 34-31 at home. The next week the Falcons (who were thought to have a weaker defense than the Cowboys) solved Rodgers pretty easily. That was a brutal job by Garrett.

No. 10

John Harbaugh

EM: What do you to with a Super Bowl winning coach who hasn't done much lately? Throw him at No. 10. Harbaugh's Ravens were in the mix for a playoff spot last year and he's overcome some big setbacks in recent years.

No. 11

Jack Del Rio

EM: Del Rio probably deserves better than 11th after a phenomenal year helming the now-Las Vegas Raiders. A detrimental injury to Derek Carr flatted his playoff chances immediately. We'll never know if a healthy Raiders squad could have challenged New England.

No. 12

Jim Caldwell

EM: First of all, poor Lions fans. They never, ever get to end an NFL season without feeling queasy. However, the Lions walked a tight rope in 2016 winning several really close games — many of which shouldn't have done their way. Caldwell is an average

No. 13

Ben McAdoo

MB: So McAdoo was fined only $200,000 for blatantly using a walkie-talkie on the sidelines during a game but the Patriots were docked draft picks and had their QB suspended a quarter of the season for maybe, possibly having a couple footballs slightly underinflated.

No. 14

Sean Payton

EM: The more I watch the Saints — who continue to be one of the most exciting bad teams in sports — the more I am positive the best of Payton is behind him. **MB:** Another Jeff Fisher in the making. Payton has been riding Drew Brees' coattails forever, but he still can't figure out how to field a presentable defense.

No. 15

Ron Rivera

MB: Here is Rivera's resume through six seasons in Carolina: 53-42-1 record, took his team to one Super Bowl and lost. Here is John Fox's first six seasons in Carolina: 51-45 record, took his team to one Super Bowl and lost. Hmm. Interesting.

No. 16

Jay Gruden

MB: Gruden deserves credit for helping make Kirk Cousins into a decent little QB, but the pressure is on him in Washington to take the next step after a mediocre 8-7-1 campaign.
EM: He's average, and better get Kirk Cousins back if he wants to stay in Washington past next year.

Best of the rest

17 — Mike Zimmer, Vikings
18 — Bruce Arians, Cardinals
19 — Mike Mularkey, Titans
20 — Dirk Koetter, Bucs
21 — Chuck Pagano, Colts
22 — Marvin Lewis, Bengals
23 — Kyle Shanahan, 49ers
24 — Doug Pederson, Eagles
25 — Doug Marrone, Jaguars
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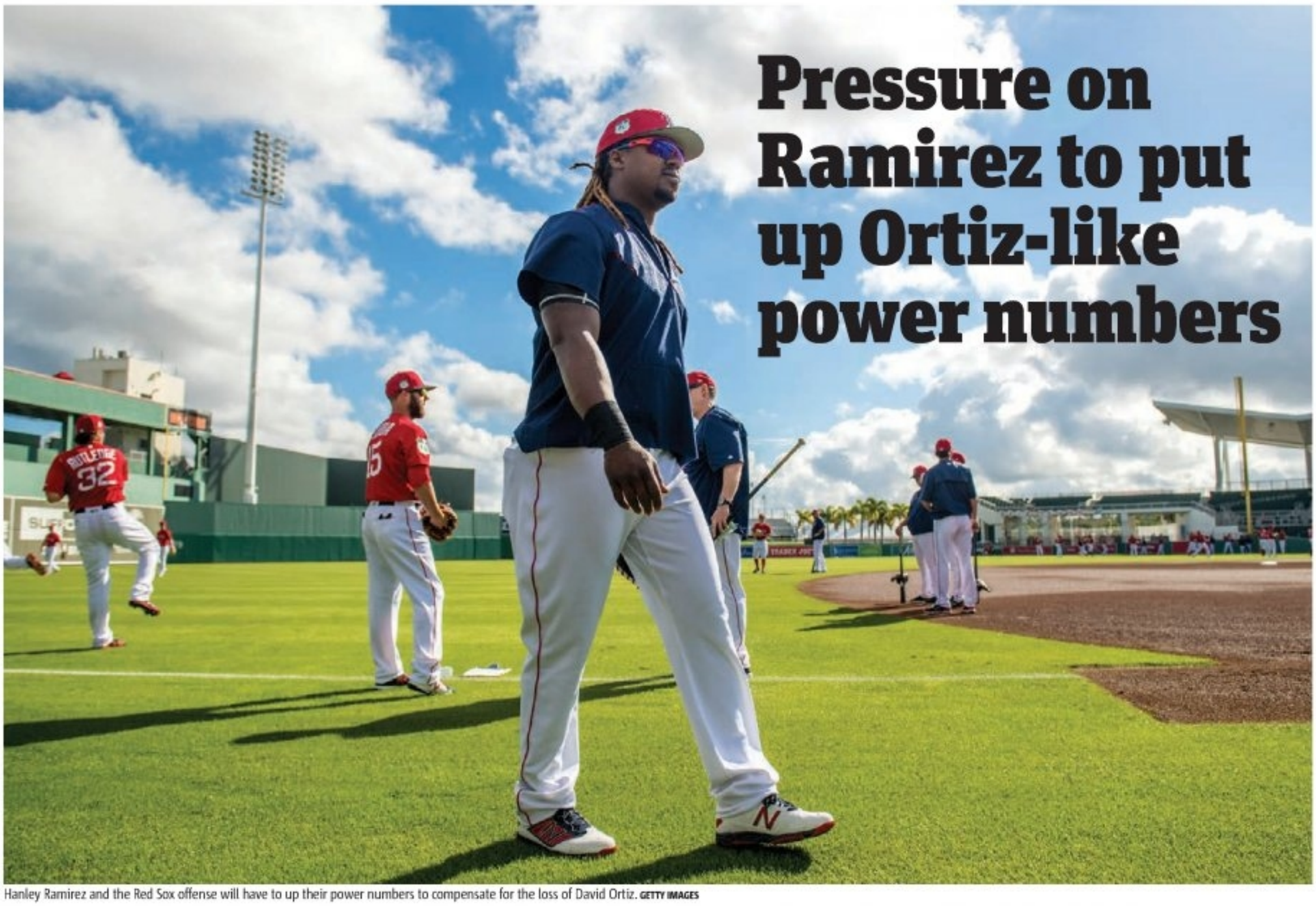
27 — Todd Bowles, Jets
28 — Sean McDermott, Bills
29 — John Fox, Bears



Pressure on Ramirez to put up Ortiz-like power numbers

Hanley Ramirez and the Red Sox offense will have to up their power numbers to compensate for the loss of David Ortiz. GETTY IMAGES

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Will David Ortiz to return, make comeback to Red Sox in 2017 season?

MATTHEW BURKE
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Suppose the Red Sox offense is a shell of its 2016 self to start the 2017 season. Suppose Hanley Ramirez, despite looking as though he's added 90 pounds of pure muscle, has zero power. Suppose Pablo Sandoval, the likely No. 5 hitter behind Ramirez in the lineup, looks ready for retirement instead of a rebirth. Suppose either Mitch Moreland or Andrew Benintendi aren't ready for the bright lights of Fenway.

Suppose the Red Sox desperately miss David Ortiz.

You better believe that after that first 4-0 shutout loss, the WEEI and 98.5 airwaves will be flooded with callers begging Red Sox management to throw an obscene amount of cash at Big Papi to come out of retirement. Ortiz hasn't helped matters this offseason. After the Sox acquired Chris Sale in early December, Ortiz tweeted, "My god. My boy Sale to Btown? You guys got me thinking."

There's also the stories of Ortiz lifting weights at Fenway Park in the immediate days after the Sox fell to the Indians in the playoffs.

> *"[Ortiz] left everything here, we're just going to keep grinding."*
>
> Hanley Ramirez

Close friend and former teammate Pedro Martinez fueled the "Ortiz return" fire last month as well.

"David says he's retired," Martinez told WEEI. "But I still believe David is going to give it another try. I don't know why I have that feeling that David might want to do that. I just don't see David, having the season that he had, and having the success that he was still having, sitting at home and wasting it."

Ramirez recorded the best season of his career last season, belting a career-high 30 home runs and driving in a career-high 111 runs. But those numbers came with Ortiz hitting in front of him.

The responsibility of filling the enormous void left behind by Ortiz will fall on the entire Sox lineup, but since Ramirez will be the DH on most days, his production will be under a microscope, particularly early on in the season.

Ramirez's power numbers just weren't there early in the season last year as he had just one homer in April, three homers in May and four homers in June. Ortiz — on the other hand — was exceptional in that stretch as he hit five homers in April, nine in May and four in June for a total of 18. Needless to say, Ramirez needs to get the ball out of the ballpark early and often for there not to be nightly "Papi" chants on Lansdowne Street.

So far in spring training, Ramirez is at least saying all the right things when it comes to taking over as the team's DH.

"[Ortiz] told me, 'Somedays you're going to go crazy,'" Ramirez said, according to CBS Boston. "Because the only thing you can do [as a DH] is hit, and when things are not going good, what else can you do?

"[Ortiz] left everything here, we're just going to keep grinding," he continued. "Everybody knows that David was a winner, a great teammate — who kept everybody together, and we're gonna do the same thing this year."

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Develops & maint online strat user exp for co website & drives execut of online strateg & capab by provid input into future platf dec & prod roadmap prior. Min reqs: masters (for equiv deg accept) in Bus Mgmt, Bus Admin, Elec Eng, or any rel fld of stdy; or in the alt, a Bachelor's deg (for equiv deg accept) in same flds & 5 yrs of prog exp in a rel prod mgmt posit or posit involv tech consult, eCommerce prod owner, or client mgmt.

Mail resumes to **Julia Fernandez Cocimano, Cimpress USA, Inc., 275 Wyman St., Waltham, MA 02451,** referencing Job ID: 21107. No calls.

General Dentist, Gentle Dental Associates, LLC, Beverly, MA:

Provide comprehensive dental care to patients ranging from children to geriatrics. Requires DDS or DMD degree. Must have MA Dental License. Mail resume to Gentle Dental, 200 5th Avenue, 3rd Floor, Box #6, Waltham, MA 02451 with reference to Job Code: LG2016.

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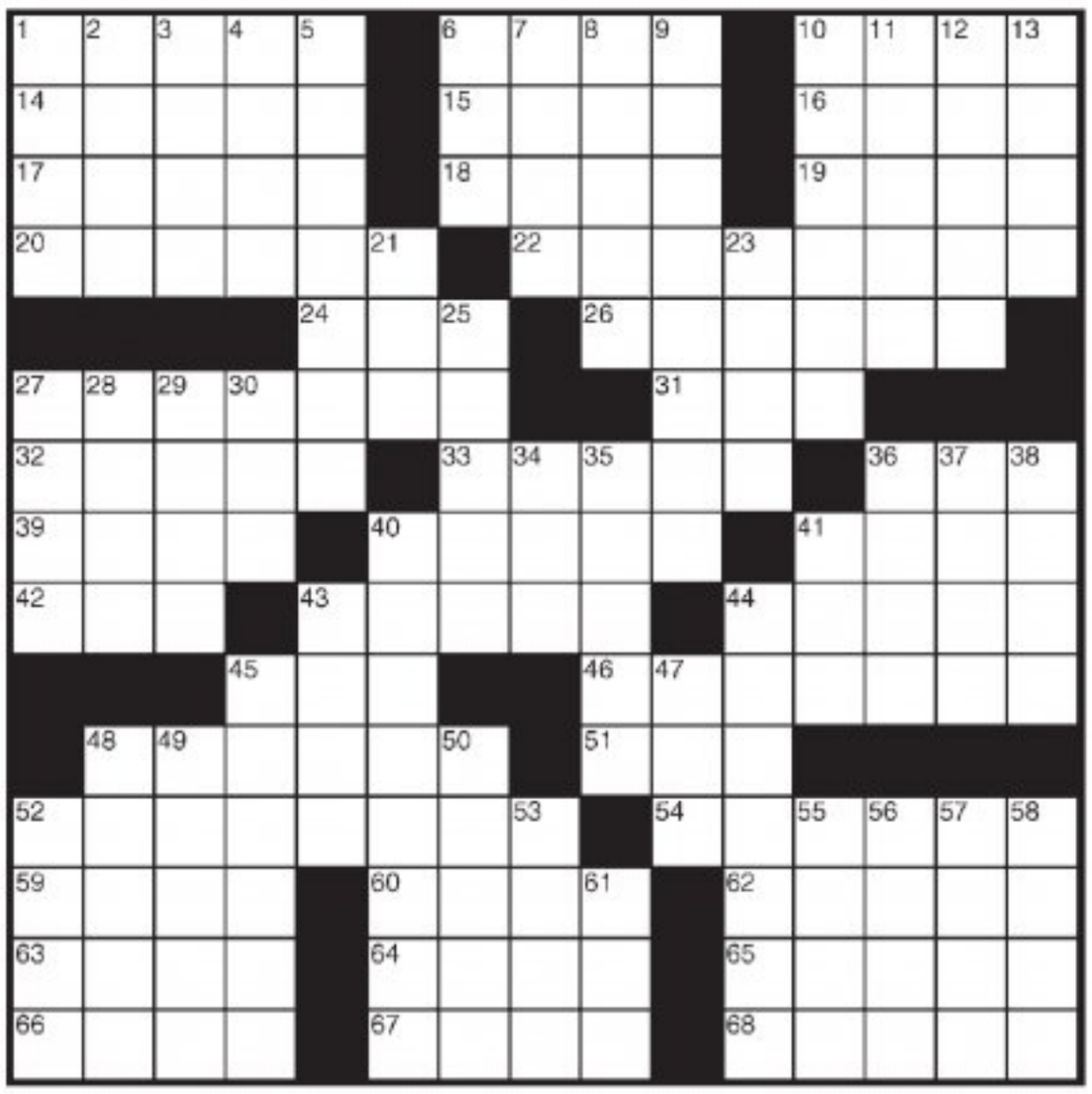
metro.us/games

metro.us/crossword

Across
1 Firm grip
6 Punning poet
10 Sgt. Preston's group
14 Nina of fashion
15 Post-kindergarten
16 Newsman -- Abel
17 Grouchy Muppet
18 Fanatic's feeling
19 Blackberry stem
20 Hotel-suite amenity (2 wds.)
22 Crashes (2 wds.)
24 Ballpoint point
26 Wilts
27 Chinese veggie (2 wds.)
31 Place to stay
32 Crewmate of Sulu
33 Clumps of grass
36 Dawn drops
39 Calf-length
40 Composer -- Anderson
41 Instance
42 --'wester
43 Microsurgery tool
44 Zesty dip
45 Director -- Burns
46 In worse taste
48 Sudden pang
51 Vocalist -- Sumac
52 Undue influence
54 Tracked down
59 Coal scuttles
60 Poker stake
62 Spice tree
63 Old ruler of Venice
64 Clock part
65 Four-bagger
66 Went swiftly
67 This, to Pedro
68 Ache

Down
1 Snowball
2 Climb the ladder
3 Bank no.
4 Leave a mark
5 Amazon menace
6 -- Perce tribe
7 Obi-Wan player
8 Pottery bit
9 Mirth
10 Guess
11 Jewelry fastener
12 Without
13 Quick look
21 Carioca's city
23 Pros and --
25 Computer mouthfuls
27 Mooches
28 Great Lakes state
29 Striped antelope
30 Dernier --
34 Suffix for forfeit
35 -- -niner
36 Melting-watch artist
37 Latin I verb
38 Get threadbare
40 Tongue
41 Ailurophobe's fear
43 Hubble component
44 Stiff
45 Greeted warmly
47 Lb. or tsp.
48 Crowd in
49 Pie slice
50 Sea eagles
52 Profs, probably
53 Iowa, to Jacques
55 Soothing herb
56 Comet's gaseous cloud
57 Hardly --
58 "Silent Running" actor
61 Time span



metro.us/sudoku

easy

6	9	3				5		4
	2		9		8		6	
			5					1
2					7			
	3		6		9		4	
			1					3
9					2			
	6		7		4		1	
1		8				2	7	5

hard

2					3			4
6			4	5			8	
	4	1		8	6			
	1			6				5
		7				8		
5				2			7	
			6	9		7	4	
	7			3	4			8
1			5					6

metro.us/horoscopes

Aries Consider your options. Time is on your side, but you must avoid impulsive behavior. Reflect on your experience to figure out how to stabilize your current situation.

Taurus Your generosity and desire to do things for others will put you in a strong bargaining position. Don't be shy; ask and you shall receive.

Gemini Be careful what you say and how you present your services. Offering something you cannot complete will make you look bad. Be honest and responsible.

Cancer Don't let anyone use you. Show some backbone and speak up. Present your ideas and concerns, but don't offer to do the work all by yourself.

Leo Your hard work will bring about unexpected changes that will turn you into a go-to person. Accept a challenge and be proud of your accomplishments.

Virgo Hold off on any investment that isn't a sure thing. Use your intuitive intelligence to guide you to better choices regarding partnerships and money matters.

Libra Don't give up something good for something unknown. Learn all you can before you venture down a less-than-promising path. Stick to what you know.

Scorpio Live your dream. Express your thoughts, feelings and desires. Don't let anyone set boundaries for you. Make your position and options clear, and proceed.

Sagittarius You'll be blocked if you are too vocal about what you are doing. Don't share your plans with others. Do your best to bring about positive change.

Capricorn The past will help you avoid trouble now. Back away from anyone tempting you to get involved in something that is physically or emotionally damaging.

Aquarius Alter the way you present yourself and your abilities. Take any opportunity to invest in your skills. Financial gains are within reach if you do the groundwork.

Pisces Express your feelings and plans. Focus on the good things you have to offer and go out of your way to assist the people you care for and love. EUGENIA LAST

Yesterday's answers

S	L	O	B		M	E	D	I	C		V	C	R	S
H	I	D	E		M	A	R	D	I		O	L	I	O
A	R	I	A		C	R	I	E	S		C	O	M	A
G	A	N	G	S			P	A	C	K	A	G	E	R
			L	A	V	E		L	O	U	T			
G	E	N	E	R	O	U	S			R	I	G	G	S
L	A	O		A	L	B	E	E		D	O	R	I	C
A	T	V	S		T	I	A	R	A		N	E	M	O
D	E	A	L	S		E	L	E	G	Y		E	M	U
E	N	S	U	E			S	C	H	O	O	N	E	R
			G	R	A	B		T	A	D	A			
K	A	N	G	A	R	O	O			A	T	T	A	R
A	L	E	E		M	O	D	E	M		E	R	M	A
T	S	A	R		E	N	D	E	D		R	E	E	F
O	O	P	S		D	E	S	K	S		S	E	N	T

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